

Jan E. Estrellado, Ph.D.

2729 Fourth Avenue, Suite 3
San Diego, CA 92103

(619) 339-0654
dr.jan.estrellado@gmail.com

EDUCATION

- Ph.D. **California School of Professional Psychology,**
Alliant International University (APA-Accredited)
Clinical Psychology, Multicultural emphasis, August 2015
CA Licensure: PSY28881
- M.A. **Community-Based Block Program,**
San Diego State University
Counselor Education, Multicultural Counseling emphasis, May 2002
- B.A. **University of California, San Diego**
Ethnic Studies and Sociology, June 2001

EMPLOYMENT HISTORY

- Associate Professor,** California School of Professional Psychology, PsyD Program, Clinical Psychology, Alliant International University (APA-accredited), August 2022 - present.
- Director,** Acceptance and Commitment Therapy clinic, Joanne Callan Center for Applied Psychological Services (CAPS), affiliated with Alliant International University, December 2020-present.
- Assistant Professor,** California School of Professional Psychology, PsyD Program, Clinical Psychology, Alliant International University (APA-approved), January 2019 - present.
- Licensed Clinical Psychologist,** Avellaka Program, La Jolla Band of Luiseño Indians, September 2018-present.
- Licensed Clinical Psychologist,** Psychology Services of Jan E. Estrellado, PhD, December 2017 - present.
- Associate Director of Clinical Training,** Psychology Department, Sharp Mesa Vista Hospital, December 2016 - December 2018.
- Licensed Clinical Psychologist,** Center for Stress & Anxiety Management, October 2015 - December 2017.
- Adjunct Professor,** Department of Counseling and School Psychology, San Diego State University, August 2005 - May 2018.
- Assistant Director (Founding),** Lesbian Gay Bisexual Transgender Resource Center, University of California, San Diego, November 2005 - July 2010.

Assistant Resident Dean (Founding), Sixth College, University of California, San Diego,
August 2002 - November 2005.

TEACHING EXPERIENCE

Courses taught:

PSY85120, Supervision and Consultation Seminar, AIU SD
PSY85130, Supervision and Consultation Lab, AIU SD
PSY79111, Proposal Development, AIU SD
PSY89800, Clinical Dissertation Group, AIU SD
PSY6014, Qualitative Research Methods, AIU SD
PSY6031, Quantitative Research Design, AIU SD
PSY85510, Practicum Consultation III, AIU SD
PSY60300, Psychometrics and Advanced Statistics, AIU SD
PSY6129, Multicultural Psychology, AIU SD
PSY6112, Social Psychology, AIU SD
PSY7551, Practicum Consultation II, AIU SD
CSP 600/600L, Cross-Cultural Counseling Pre-practicum, SDSU
CSP 300, Stress Management and Life Planning, SDSU
CSP 740 Counseling Practicum, SDSU
CSP 650, Trauma and Crisis Counseling in Multicultural Contexts, SDSU
CSP 670, Theory and Process of Group Counseling, SDSU

ASSESSMENT EXPERIENCE

Trauma Assessment

- CAPS-5
- TSI-2
- DES
- LEC
- PCL
- VHQ
- THS
- CEQ
- MWES

Neuropsychological Assessment

- WRAT
- Trails A&B
- CVLT
- MoCA
- RBANS
- TFLS

- WASI

- WAIS

- WMS

- Stroop

Personality Assessment

- MMPI-2

- MMPI-A

- MCMI-III

- PAI

- NEO

Projective Assessment

- Rorschach (R-PAS)

- TAT

- House-Tree-Person

- Rotter Sentence Completion

PEER-REVIEWED PUBLICATIONS

- Burnes, T. R., **Estrellado, J.E.**, & Singh, A. (in press). Gender-affirming assessment and treatment of trauma with trans and nonbinary clients. In A. Singh and R. McCullough (Eds.), *Affirmative Counseling and Psychological Practice With Trans and Nonbinary Clients, Second Edition*. American Psychological Association.
- Estrellado, J.E.**, & Balsam, K.F. (Eds, 2023). Feminist Therapy with Transgender, Nonbinary, and Gender Expansive People. [special issue]. *Women & Therapy*.
- Estrellado, J. E.**, & Balsam, K. F. (2023). Introduction to the Special Issue on Feminist Therapy with Transgender, Nonbinary, and Gender Expansive People. *Women & Therapy*, 46(1), 1-13. doi:10.1080/02703149.2023.2189774
- Frederique, A., Stolberg, R., **Estrellado, J.**, & Kellum, C. (2023). Maternal Filicide: A Review of Psychological and External Demographic Risk Factors. *Journal of Aggression, Maltreatment & Trauma*, 32(1-2), 34-52. doi:10.1080/10926771.2022.2114394
- Arzoumanian, M. A., Verbeck, E. G., **Estrellado, J. E.**, Thompson, K. J., Dahlin, K., Hennrich, E. J., Stevens, J.M., Dalenberg, C. J. (2022). Psychometrics of three dissociation scales: Reliability and validity data on the DESR, DES-II, and DESC. *Journal of Trauma & Dissociation*, 1-15. doi:10.1080/15299732.2022.2119633
- Celestial, J.E., & **Estrellado, J.E.** (2022). Issues in Clinical Supervision. In J.E. Estrellado, L.C. Felipe, & J.E. Celestial (Eds), *Clinical Interventions for Internalized Oppression*. Cognella Academic Publishing.
- Estrellado, J.E.** & Felipe, L.C. (2022). The Therapeutic Alliance. In J.E. Estrellado, L.C. Felipe, & J.E. Celestial (Eds), *Clinical Interventions for Internalized Oppression*. Cognella Academic Publishing.
- Estrellado, J.E.**, Felipe, L., & Celestial, J. (Eds; 2022). *Clinical Interventions for Internalized Oppression*. Cognella Academic Publishing.
- Estrellado, J.E.**, Felipe, L., & Celestial, J. (2022). Colonial mentality and psychological flexibility among Filipinx Americans. Special issue on Filipinx American Psychology. *Asian American Journal of Psychology*.
- Estrellado, J.E.** & Kim, S.K. (2022). Serving LGBTQ+ college students at university and college campuses. In C. L. Magalhães, Sprott, R. & Rider, G. N. (eds.), *Health Disparities Among LGBTQ+ Youth and Emerging Adults*. Rowman & Littlefield.
- Estrellado, J.E.** & Moore, A.A. (2022). Creating a queer feminist family model: intersections of race and gender identity. In Doty, K. & Lowik, A.J. (Eds). *The Liminal Chrysalis: Imagining Reproductive and Parenting Futures Beyond the Binary*. Demeter Press.

- Estrellado, J.E.** & Ong, S.* (2022). Impostor Syndrome. In K.L.Y. Nadal, A. Tintiangco-Cubales, & E.J.R. David (eds.), *SAGE Encyclopedia of Filipinx American Studies*. SAGE.
- Estrellado, J.E.** & Sablan, S.* (2022). Parenting in Filipinx American Communities. In K.L.Y. Nadal, A. Tintiangco-Cubales, & E.J.R. David (eds.), *SAGE Encyclopedia of Filipinx American Studies*. SAGE.
- Nakamura, N., **Estrellado, J.E.**, & Kim, S. (2022). LGBTQ+ International College Students. In Rivera, D.P., Abreu, R.L., & Gonzalez, K.A., *Supporting LGBTQ+ students in higher education: enhancing resistance to minority stress*. American Psychological Association Press.
- Ramos, K.*, Kauahi, K.*, Green, J.G., & **Estrellado, J.E.** (2022). Treatment Planning. In J.E. Estrellado, L.C. Felipe, & J.E. Celestial (Eds.), *Clinical Interventions for Internalized Oppression*. Cognella Academic Publishing.
- Estrellado, J.E.** (2021). Queer Analysis. In Kassan, A. & Moodley, R. (Eds.). *Diversity & Social Justice in Counseling Psychology & Psychotherapy: A case study approach*. Cognella.
- Estrellado, J.E.**, Felipe, L.C.S., Nakamura, N. & Breen A.B. (2021). LGBTQ Parenting: Building Families on the Margins. In Nadal, K.L. & Scharrón-del Río, M. (eds.), *Queer Psychology*. Springer.
- Estrellado, J. E.**, Green, J. M., Shuman, T. J., & Staples, J. (2021). Cross-Racial and Intersectional Allyship Efforts Among Faculty in a Psychology Doctoral Program. *Research in Human Development*, 18(1-2), 29-53. doi:10.1080/15427609.2021.1942687
- Kim, G. S., Nakamura, N., Tran, N., Khera, G. S., AhnAllen, J. M., & **Estrellado, J. E.** (2021). Recentring AAPI narratives as social justice praxis: Reclaiming and honoring our experiences. *Asian American Journal of Psychology*, 12(4), 251-254. <http://dx.doi.org/10.1037/aap0000275>
- Kim, G. S., Nakamura, N., Tran, N., Khera, G. S., AhnAllen, J. M., & **Estrellado, J. E.** (Eds., 2021). Creating New Asian American and Pacific Islander Narratives [special issue]. *Asian American Journal of Psychology*.
- Breen, A. B., **Estrellado, J. E.**, Nakamura, N., & Felipe, L. C. S. (2020). Asian LGBTQ+ Sexual Health: an Overview of the Literature from the Past 5 Years. *Current Sexual Health Reports*, 12(4), 351-359. doi:10.1007/s11930-020-00298-w
- Moore, A.A. & **Estrellado, J.E.** (2018). Hidden work, hidden costs: the impact of social justice fatigue on librarian women of color. In R. Chou & A. Pho (Eds.). *Pushing the Margins: Women of Color and Intersectionality in LIS*.

Priest, E., Arzoumanian, M., **Estrellado, J.**, DeLorme, J., Dahlin-James, K., Hennrich, E., Rodriguez, H., & Dalenberg, C. (2014). Will you pray with me? Trauma, countertransference and the religious client/therapist. In D. Walker, C. Courtois, and J. Aten (Eds.) *Spiritually oriented trauma psychotherapy*. (p. 103-126) Washington, D.C.: American Psychological Association Press.

MANUSCRIPTS IN PREPARATION

Estrellado, J.E. (under review). Queer Analysis. In Kassan, A. & Moodley, R. (Eds). *Diversity & Social Justice in Counseling Psychology & Psychotherapy: A case study approach, 2nd edition*. Cognella.

Kelly, S.E.*, Rucker, C.*, **Estrellado, J.E.**, Huang, Z.*, & Kellett-Jones, A.* (under review). Trauma-Related Health Disparities and Trauma Recovery among Trans, Nonbinary, and Gender Expansive People of Color. In J. Garcia, G.N. Rider, & K.F. Langroudi (Eds). *Intersectional Health Activism and LGBTQ+ People of Color Health: From Theory to Action*. Palgrave Macmillan.

Felipe, L.C.S., **Estrellado, J.E.**, Rider, G.N., & Breen, A.B. (eds.; in preparation). *Queer Asian Americans*. Book proposal accepted by Cognella Publishing.

Tse, M.F., **Estrellado, J.E.**, & Abascal, L. (in preparation). Cyberbullying Victimization among Individuals with Physical Disabilities.

Shirley, J., **Estrellado, J.E.**, & Nakamura, N. (in preparation). Plurisexual Women's Experience of Belonging as Predicted by Anxiety, Depression, and Perceived Discrimination.

Estrellado, J.E., *Essid, E., *Tse, M.F. *Davis, J., & Camarena, J.F. (in preparation). The Experiences of Non-Binary People in Therapy.

Martin, K.* Lapite, E.*, Shirley, J.*, Nguyen, D.A.* Rodriguez, N.* & **Estrellado, J.E.** (in preparation). The Experiences of Queer People of Color in Therapy.

Estrellado, J.E., Shirley, J.*, Nguenyn, D.A.*, Lapite, E.*, Martin, K.*, & Rodriguez, N.* (in preparation). Discussions of race with Asian Americans in trauma therapy.

OTHER PUBLICATIONS AND MEDIA APPEARANCES

Estrellado, J.E. (2025, April 22). Healing Internalized Oppression. *Guts* podcast. <https://www.gutsnonprofit.org/podcast/drestrellado>

Estrellado, J.E. (2025, May 29). Navigating Mental Health Challenges. *Wellness in Today's World with Dr. Debra Kawahara* podcast. <https://www.audacy.com/podcast/wellness-in->

[todays-world-70370/episodes/ep-3-navigating-mental-health-challenges-in-marginalized-communities-7f440](https://www.kpbs.org/news/2025/feb/18/todays-world-70370/episodes/ep-3-navigating-mental-health-challenges-in-marginalized-communities-7f440)

Estrellado, J.E. (2025, February 18). Maintaining mental wellness amid stressful times. KPBS Midday Edition. News interview. <https://www.kpbs.org/podcasts/kpbs-midday-edition/maintaining-mental-wellness-amid-stressful-times>

Hsu, H. & **Estrellado, J.E.** (2024, Sept.). Working with Asian American clients. Zur Institute training.

Estrellado, J.E., (2023, April). On Internalized Oppression. *Strength in Solidarity: A Division 45 podcast*. <https://podcasts.apple.com/ga/podcast/episode-6-on-internalized-oppression-dr-jan-estrellado/id1668032832?i=1000610357044>

Estrellado, J.E., (2023, June). Being a queer Asian American psychologist. *Cut Fruit: A Queer Asian Conversation* podcast. <https://podcasts.apple.com/us/podcast/episode-103-dr-jan-e-estrellado-on-moving-from-shame/id1710174227?i=1000634386524>

Estrellado, J.E., (2022, June 24). The Psychological Impact of the 'Killing Eve' Series Finale. *Authenticity and Social Justice*, Psychology Today. <https://www.psychologytoday.com/us/blog/authenticity-and-social-justice/202206/the-psychological-impact-the-killing-eve-series-finale>

Estrellado, J.E., (2022, March 25). Choosing a Therapist. *Ask Aunties* podcast.

Estrellado, J.E., (2022, January 13). Identity and Trauma in AAPI communities. *Ask Aunties* podcast.

Estrellado, J.E., (2021, July 14). Healing Practices for Queer and Transgender People of Color, BIPOC Mental Health Awareness Month, Facebook and Instagram social media campaign.

Estrellado, J.E., Breen, A., & Rider, G.N. (2019, June 4). The “double burden” facing nonbinary faculty and graduate students. <https://medium.com/national-center-for-institutional-diversity/the-double-burden-facing-nonbinary-faculty-and-graduate-students-1d824f78e080> (peer-refereed)

Estrellado, J.E., (2018, Sep 30). Stigmas to mental health care in communities of color. Radio interview, KPBS. <https://www.kpbs.org/news/2018/sep/12/workshop-discuss-mental-health-and-culture/>

PROFESSIONAL PRESENTATIONS

Estrellado, J.E., Felipe, L.C.S., & Lonial, A. (2026, January). Family Estrangement among Queer Asian Americans. Workshop proposal accepted at the National Multicultural Summit, Seattle, WA.

Suyemoto, K., & **Estrellado, J.E.** (2026, January). Reclaiming Cross-Racial Solidarity: Challenging Silencing and the Palestine Exception within Psychology. Difficulty Dialogue proposal accepted at the National Multicultural Summit, Seattle, WA.

Ataman-Plasencia, C*., **Estrellado, J.,** & Nakamura, N. (2025, August). The Therapeutic Alliance with Latiné Immigrants. Poster presented at the American Psychological Association Annual Conference, Denver, CO.

Estrellado, J.E. (discussant), Suyemoto, K., Nakamura, N., Felipe, L.C., & Bhojwani, J. (2025, August). Moving Towards Justice and Liberation: Engaged Leadership Strategies. Closing keynote panel at the Asian American Psychological Association Annual Convention, Denver, CO.

Shirley, J.*., **Estrellado, J.,** & Nakamura, N. (2025, August). Plurisexual Women's Experience of Belonging as Predicted by Anxiety, Depression, and Perceived Discrimination. Poster presented at the American Psychological Association Annual Conference, Denver, CO.

Soni, S., Chan, F.B., Suyemoto, K., & **Estrellado, J.E.** (2025, August). From Imposters to Infiltrators: How Students and Faculty Can Foster Asian American Activism. Panel presentation at the Asian American Psychological Association Annual Convention, Denver, CO.

Stillwater, S., Nakamura, N., Fagundes, M., & **Estrellado, J.** (2024, August). Mental health experiences of incarcerated LGBTQ+ folx: Through the eyes of mental health professionals. Poster presented at the American Psychological Association Annual Conference, Seattle, WA.

Estrellado, J.E., (2022, August). A Trauma Recovery Model for Transgender, Nonbinary, and Gender Expansive People of Color. Featured speaker at the meeting of the American Psychological Association, Minneapolis, MN.

Estrellado, J.E., Felipe, L.C.S., & Celestial, J.E. (2022). Internalized Oppression and Asian American Psychology: Editors of "Clinical Intervention for Internalized Oppression" Discuss Intersectional Asian American Experiences. Workshop presented at the Asian American Psychological Association Annual Conference, virtual.

Estrellado, J.E., *Essid, E., *Tse, M.F. (2020, August). The Experiences of Non-Binary People in Therapy. Poster presented at the American Psychological Association (virtual).

- *Scheierman, H., *Harryman, A., *Fraginals, E., *Richardson, V., & **Estrellado, J.E.** (2020, August). Cultural Competence of Trauma Therapists. Poster accepted at the American Psychological Association (virtual).
- Rider, N., **Estrellado, J.E.** Breen, A., Bitney, C. (2019, October). Gender and Racial Diversity: Transgender and Non-Binary Asian Americans. Workshop, Asian American Psychological Association.
- Celestial, J., **Estrellado, J.E.** (2019, October). Colonial Mentality, Internalized Oppression, and Acceptance and Commitment Therapy. Workshop, Asian American Psychological Association.
- Kim, G., Okubo, Y., Kawahara, D., **Estrellado, J.E.**, (2019, August). Experiences of Asian American Women and Nonbinary Faculty in Academia: Challenges and Implications. Roundtable, American Psychological Association, Chicago, IL.
- Estrellado, J.E.** (2019, August). Therapy Experiences Among Lesbian, Gay, and Bisexual People of Color. Poster presentation at the APA Minority Fellowship Program. Washington, D.C.
- Felipe, L., Kim, S. & **Estrellado, J.E.** (2019, June). Empowering Diverse Queer Communities in Higher Education. Preconference institute, National Conference on Race and Ethnicity, Portland, OR.
- Miller, A.E. & **Estrellado, J.E.**, (2019, April). Holding on to Audre: Self-care for LGBTQ+ and POC graduate students. Webinar for APA Division 44.
- Estrellado, J.E.**, Felipe, L., & Breen, A. (2019, January). Finding Belonging and Fighting for Visibility: Queer and Trans* Asian American Families. Roundtable discussion at the National Multicultural Summit, Denver, CO.
- Miller, A.E. & **Estrellado, J.E.**, (2019, January). Holding on to Audre: Self-care for LGBTQ+ and POC graduate students. Workshop at the National Multicultural Summit, Denver, CO.
- Estrellado, J.E.**, Miller, A.E. (2019, January). Surviving Graduate School as a Queer and Trans* Student of Color. Roundtable discussion at the National Multicultural Summit, Denver, CO.
- Estrellado, J.E.**, Nakamura, N., Felipe, L., Kim, S., & Breen, A. (2018, August). Queer parenting in API families. Interactive session at the Asian American Psychological Association, San Francisco, CA.
- Kim, G., **Estrellado, J.E.** Owen, K., Chu, K., Flores, M., Ibrahim, K., Grey, M.J., & Anaya, I. (2018, August). Diverse feminist activism in climate of fear and intimidation.

Roundtable accepted at the meeting of the American Psychological Association, San Francisco, CA.

Estrellado, J.E., Cropper, R.E., Work, G.B., & Greenbaum, B. (2015, August). *Clinicians' attributions to symptoms of trauma and ethnic minority status based on client presentation*. In C.J. Dalenberg (Chair), Race and trauma knowledge in treatment and research. Symposium at the meeting of the American Psychological Association, Toronto, QC.

Arzoumanian, M. A., Dalenberg, C. J., **Estrellado, J. E.**, Hennrich, E. J., Verbeck, E. G., Dahlin, K., & Stevens, J. M. (2014, August). *Critique of the dissociative experiences scale comparison (DESC)*. Poster session presented at the meeting of the American Psychological Association, Washington, D.C.

Dalenberg, C. J., Arzoumanian, M. A., Hennrich, E. J., **Estrellado, J. E.**, Dahlin, K., Stevens, J. M., & Verbeck, E. G. (2014, August). *Revisions to the dissociative experiences scale: the DES-R and the DES-B*. Poster session presented at the meeting of the American Psychological Association, Washington, D.C.

Work, G.B., **Estrellado, J.E.**, & Dalenberg, C.J. *Talking about race in trauma psychotherapy*. Poster session presented at the meeting of the American Psychological Association, Washington, D.C.

Greenbaum, B., Rosenberg, M.H., Arzoumanian, M.A., Hennrich, E.J., Ardill, M., **Estrellado, J.E.**, Work, G.B., Cropper, R.E., Johnson, A.I., Bussell, N.P., Stevens, J.M., Houston, A.A., Schwab, B.M., & Dalenberg, C.J. (2014, August). *Measuring and defining child physical abuse*. Poster session presented at the meeting of the American Psychological Association, Washington, D.C.

Estrellado, J.E. (2013, August). *Clinicians' perceptions of discrimination-related and trauma-related symptoms*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Estrellado, J.E., Arzoumanian, M.A., Hennrich, E.J., Dahlin, K., Verbeck, G., Stevens, J.M., & Dalenberg, C.J. (2013, August). *The psychometrics of three dissociation scales: test-retest, alpha, and skewness*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Arzoumanian, M.A., Verbeck, E.G., Dahlin, K., Stevens, J. M., **Estrellado, J. E.**, Hennrich, E. J., & Dalenberg, C. J. (2013, August). *DES-B: Relationship of the brief DES-R to the full scale and the PCL in a nonclinical sample*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Stevens, J. M., Arzoumanian, M. A., Verbeck, E. G., Hennrich, E. J., Dahlin, K., **Estrellado, J. E.**, & Dalenberg, C. J. (2013, August). *Relationship of abuse by religious figures to*

depression and religiosity in a college sample. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Hennrich, E. J., Dahlin, K., Stevens, J. M., Verbeck, E. G., Arzoumanian, M.A., **Estrellado, J. E.**, & Dalenberg, C. J. (2013, August). *Validity of three dissociation scales*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Dahlin, K., Hennrich, E. J., Verbeck, E. G., **Estrellado, J. E.**, Stevens, J. M., Arzoumanian, M.A., & Dalenberg, C. J. (2013, August). *The psychometrics of three dissociation scales: test-retest, reliability and relationship to trauma*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Verbeck, E. G., Hennrich, E. J., **Estrellado, J. E.**, Stevens, J. M., Dahlin, K., Arzoumanian, M.A., & Dalenberg, C. J. (2013, August). *Development and reliability of a minimally invasive trauma screen*. Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Kawahara, D., Heras, P., Braje, S., **Estrellado, J.E.**, & Wang, T. (2012, March). *Mentoring female Asian and Pacific Islander doctoral level psychology students*. Presentation at the meeting of The Association for Women in Psychology, Palm Springs, CA.

Miler, A.T., **Estrellado, J.E.**, Curtis, B., Orozco, A., Moore, A.A., & Thompson, C. (2009, June). *Community cross-racial institute on LGBT issues in higher education*. Pre-conference institute presented at the meeting of the National Conference on Race and Ethnicity, San Diego, CA.

*denotes student researcher

INVITED PRESENTATIONS AND LECTURES

Invited presenter, *A Settler's Thoughts on Working With Native American Communities*, Counseling and Psychological Services, Stanford University, June 2025.

Invited presenter, *A Settler's Thoughts on Working With Native American Communities*, Sharp Mesa Vista Psychology Training Program, June 2025.

Invited presenter, *Acceptance and Commitment Therapy*, Alliant Educational Foundation, May 2025.

Invited panelist, *Supporting Vulnerable Populations*, Alliant Educational Foundation, May 2025.

Guest lecturer, *The Politics of the Gender Dysphoria Diagnosis*, University of Massachusetts, Dartmouth, Feb. 2025.

Invited presenter, *Feminist Approaches to Trauma Recovery with Transgender and Nonbinary People of Color*, San Diego Psychological Association, May 2024.

Invited panelist, *Healers of Color*, San Diego State University, April 2024.

Keynote speaker, *Collective Trauma in Times of Uncertainty*, Association of California Community College Administrators Conference, Anaheim, CA, Feb. 2024

Invited presenter, *Collective Trauma in Times of Uncertainty*, San Diego Community College

District, San Diego, CA, March 2023 and June 2023.

Invited co-presenter, *Integrating DEI Issues in Clinical Supervision*, Office of Professional Training, Alliant International University, January 2023.

Invited presenter, *Finding Mentorship in Grad School*, Alliant International University, July 2022.

Invited co-presenter, *DEI in Practice*, Bertelsmann Company, San Diego, CA, May 2022.

Invited presenter, *Culturally Responsive Supervision*, Sharp Mesa Vista Psychology Training Program, San Diego, CA, May 2022. Invited presenter, *Culturally Responsive and Trauma-Informed Interventions*, Sharp Mesa Vista Psychology Training Program, San Diego, CA, March 2022.

Guest lecturer, *Affirming Therapy for Transgender, Nonbinary, and Gender Expansive People*, LGBTQ+ Psychology course, San Diego, CA, March 2022.

Invited presenter, *Culturally Responsive and Trauma-Informed Interventions*, UC San Diego Eating Disorders Program, San Diego, CA, Dec 2021.

Presenter, *Writing at the Doctoral Level*, Alliant International University, San Diego, CA, Dec 2021.

Invited speaker, *Allyship Practice*, Alliant International University, San Diego, CA, Nov 2021.

Invited panelist, *Considering Contexts and Positionalities*, Early Career Faculty Development Workshop Series for Effectively Teaching Race and Culture, July 2021

Invited presenter, *Historical Trauma*, Sharp Mesa Vista Psychology Training Program, San Diego, CA, June 2021

Invited panelist, *Group therapy with LGBTQ People*, Group counseling, Boston University, Boston, MA, April 2021.

Guest lecturer, *Historical Trauma*, Ethnic Families and Mental Health course, Alliant International University, San Diego, CA, April 2021.

Guest lecturer, *Historical Trauma*, Multicultural Psychology, Alliant International University, San Diego, CA, April 2021.

Invited speaker, *Trauma and Internalized Oppression among Filipinx People*, Pilipin@ American History Month conference, MiraCosta College, Oceanside, CA, Nov 2020.

Invited speaker, *Stress Management During the Time of COVID-19*, Rolando Elementary School, La Mesa, CA, Oct 2020.

Guest lecturer, *Working with LGBTQ Families of Color*, Ethnic Families and Mental Health course, Alliant International University, San Diego, CA, July 2020.

Invited presenter, *Sexual Orientation and Gender Identity in Mental Health Settings*, Sharp Mesa Vista, San Diego, CA, June 2020.

Invited presenter, *Sexual Orientation, Gender Identity, and Mental Health Stigma*, National Alliance on Mental Illness, San Diego, CA, June 2020.

Guest lecturer, *Creating a Values-Based Professional Path*, Professional Development course, Alliant International University, San Diego, CA, May 2020, Oct. 2022, Oct. 2023.

Co-presenter, *Supporting Transgender and Gender Diverse Students*, Alliant International University, San Diego, CA, March 2020.

Guest lecturer, *A Multicultural Psychology Critique of Third-Wave Therapies*, ACT and Third Wave CBT Psychology Course, Alliant International University, San Diego, CA, January 2020.

Guest panelist, *Integrating Social Justice into Practice*, Social Justice Psychology course, Alliant International University, San Diego, CA, November 2019.

Invited presenter, *Trauma Recovery for Survivors of Sexual Assault*, Ashford University, San Diego, CA, October 2019.

Invited presenter, *Developing an Anti-Racism Practice*, University of San Diego, San Diego, CA, September 2019.

Invited presenter, *Trauma Recovery Among Transgender and Non-Binary People of Color*. Gender Odyssey, San Diego, CA, August 2019.

Presenter, *Suicide Prevention and Secondary Traumatic Stress*, Marine Corps Defense Counsel, San Diego, CA, July 2019.

Invited presenter, *Anti-Racism and Social Justice Work in Mental Health*, Sharp Mesa Vista Psychology Training Program, San Diego, CA, July 2019

Invited presenter, *Social Justice Work Using an Acceptance and Commitment Therapy Framework*, The Center for Stress & Anxiety Management, San Diego, CA, July 2019.

Panelist, *Sexual Violence in Women of Color Communities*, University of California, San Diego, CA, April 2019.

Co-presenter, *Best Practices for Transgender-Affirming Care*, Sharp HealthCare, San Diego, CA, April 2019.

Guest lecturer, *Providing Transgender-Affirming Care*, San Diego State University, San Diego, CA, March 2019.

Guest lecturer, *Professional Journeys for Counseling Graduate Students*, San Diego State University, San Diego, CA, March 2019.

Co-presenter, *Trauma, Learning, and Trauma-Informed Practice*, Ashford University, San Diego, CA, December 2018.

Co-presenter, *Trauma, Policing, and Culture*. Community Review Board, San Diego Police Department. San Diego, CA, September 2018.

Co-presenter, *At the Intersections of Gender Identity, Culture, and Language*, San Diego Psychological Association, San Diego, CA, July 2018.

Keynote speaker, *Time's Up: Resisting Rape Culture Conference*, MiraCosta College, Oceanside, CA, April 2018.

Presenter, *Trauma recovery*, *Time's Up: Resisting Rape Culture Conference*, MiraCosta College, Oceanside, CA, April 2018.

Guest lecturer, *Working with LGBTQ families*, Alliant International University, San Diego, CA, April 2018.

Guest lecturer, *LGBTQ-affirming mental health*, Alliant International University, San Diego, CA, November 2016.

Presenter, *Bringing our whole selves to the table*, Cuyamaca Community College, Cuyamaca, CA, September 2016.

Presenter, *Working with lesbian, gay, bisexual, and transgender parents and children*, Center for Children, San Diego State University, San Diego, CA, August, 2016.

Presenter, *Mental health and treatment considerations working with lesbian, gay, bisexual, and transgender populations*, National Alliance on Mental Illness, San Diego, CA, July, 2016.

Presenter, *Don't let stress get the best of you*, Single Parent Conference, MiraCosta College, San Diego, CA, April, 2016.

Guest lecturer, *Trauma and children in the classroom*, ED 451: Introduction to Multicultural Education, San Diego State University, San Diego, CA, March, 2016.

Presenter, *Mental health and treatment considerations with Filipino American populations*, Counseling and Psychological Services, California State University, San Marcos, San Marcos, CA, March, 2016.

Guest lecturer, *On love and relationships*, EDS 116: Mentor Practicum, University of California, San Diego, La Jolla, CA, January, 2016.

Co-presenter, *Understanding and working affirmatively with people of all genders*, Sharp Mesa Vista Hospital, San Diego, CA, July 2015.

PROFESSIONAL SERVICE

- Mentor, Minority Fellowship Program, American Psychological Association, January 2025 – present.
- Co-chair, Leadership Fellows Program, Asian American Psychological Association, July 2023-present.
- Mentor, Division on Filipinx Americans, Asian American Psychological Association, July 2022-present.
- Ad-hoc reviewer, *American Educational Research Association*, Mar. 2022-present.
- Ad-hoc reviewer, *Women & Therapy*, Mar. 2022-present.
- Ad-hoc reviewer, *Asian American Journal of Psychology*, Jan. 2020-present.
- Ad-hoc reviewer, *Psychology of Sexual Orientation and Gender Diversity (PSOGD)*, Jan. 2020-present.
- Ad-hoc reviewer, *Transgender Health*, Nov. 2020-present.
- Mentor, Leadership Fellows Program, Asian American Psychological Association, Aug. 2020-Aug. 2021.
- Co-Finance Officer, Asian American Psychological Association, October 2019-present.
- Poster Reviewer, APA Division 56 (Trauma Psychology), APA Convention, July 2019.
- Poster Reviewer, APA Division 45 (Society for the Psychological Study of Culture, Ethnicity and Race), APA Convention, July 2019.
- Co-Coordinator, Graduate Leadership Institute, Asian American Psychological Association, January - October 2019.
- Founding Co-Chair, Gender and Sexual Diversity Task Force, Section 5 (Asian and Pacific Islanders), Division 35 (Psychology of Women), January 2017 - December 2018.
- Co-Chair, Coordinating Committee, Section 5 (Asian and Pacific Islanders), Division 35 (Society for the Psychology of Women, January 2016 - December 2016).
- Chair, Webinar Committee, APA Division 56 (Trauma Psychology), Jan. 2016 - Dec. 2017.
- Administrative Assistant, APA Mental Health Apps Database, January 2014 - May 2015.
- Editorial Assistant, *Psychological Trauma*, August 2013 - May 2014.
- Suite Coordinator, APA Division 56 (Trauma Psychology), December 2012 - July 2013.

HONORS AND AFFILIATIONS

- Division 35 Section 5 Jean Lau Chin Early Career Professional Award for Leadership, July 2020.
- Outstanding Faculty Award, Alliant International University, May 2020.
- Recipient, New Faculty Seed Grant (\$5000), Alliant International University, January 2020.

- APA Minority Leadership Fellow, July 2019.
- Leadership Fellow, Asian American Psychological Association, August 2016.
- Recipient, Outstanding Poster Presentation from APA Division 56 (Trauma Psychology) for “The Psychometrics of Three Dissociation Scales,” August 2013.
- Member, Asian American Psychological Association, 2013-present.
- Fellow, San Diego Psychoanalytic Association Fellowship Program, 2011-2012.
- Member, American Psychological Association, 2011-present.
- Member, APA Division 35 (Women in Psychology), 2011-present.
- Member, APA Division 44 (LGBT Psychology), 2011-present.
- Member, APA Division 45 (Ethnic Minorities in Psychology), 2011-present.
- Member, APA Division 56 (Trauma Psychology), 2011-present.

CERTIFICATIONS AND TRAININGS

- Cognitive Processing Therapy, VA San Diego and Balboa Naval Hospital, 2016.
- Lesbian, Gay, Bisexual, Transgender (LGBT) Rockway Certificate Program, Alliant International University, May 2014.
- Acceptance and Commitment Therapy (ACT), AIU seminar, 2013-2014.
- Dialectical Behavioral Therapy (DBT), Community Research Foundation, 2012.
- Motivational Interviewing (MI), Community Research Foundation, 2011.